

Etheldreda Nakimuli-Mpungu



As a young doctor working at Uganda's only Psychiatric hospital, Etheldreda Nakimuli-Mpungu was struck by the high turnover of HIV/AIDS patients with mental health issues. Determined to investigate this unusual phenomenon, she enrolled in the Psychiatry Master's Program at Makerere University. Her master's thesis, "A Comparative Study of the Clinical Features and Immunological Status of Primary Mania versus Secondary Mania in HIV/AIDS Patients", and subsequent research projects, "Early Onset Versus Late Onset HIV-Related Secondary Mania

in Uganda" and "The Clinical Presentation of Bipolar Disorder Mania in HIV Positive Patients in Uganda" were supported by the African Development Bank, SIDA/ SAREC, of Sweden, as well as an APA/AstraZeneca Young Minds in Psychiatry International Award which Etheldreda won in 2004. Her work has been published in the *American Journal of Psychiatry* and *Psychosomatics Journal*. Presently, Etheldreda is a doctoral student in the Psychiatry Epidemiology Program at Johns Hopkins University as a Fulbright Science and Technology Award recipient. She hopes to one day become a leading mental health epidemiologist pioneering research on the mental health outcomes of HIV/AIDS patients living in resource limited settings.